



Library Notes

Volume 3, issue 11

January 1, 2008

LIBRARY HOURS

- Monday 9 am to 9 pm
- Tuesday 9 am to 9 pm
- Wednesday 9 am to 9 pm
- Thursday 9 am to 9 pm
- Friday 9 am to 6 pm
- Saturday 9 am to 5 pm
- Sunday CLOSED
- Phone: 508-473-2145
- Fax: 508-473-8651

www.milfordtownlibrary.org

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Have a Healthy New Year!

January 1st often brings resolutions to get healthy in the new year. So start the new year off right by attending these free health and wellness workshops at the library!

On Tuesday, January 8th at 7:00 PM in the Granite Room, the library will be offering the workshop **"Introduction to Herbs."**

Eleanor Rockwood, a certified herbalist and Reiki healer, will present an informational workshop on herbs and their uses. This program is free and open to the public.

This program is sponsored by the Greater Milford Health Resource Center which is located at the Milford Town Library and includes as its partners in promoting health and well-



ness: the Milford Regional Hospital, the Visiting Nurses Association, and the Department of Mental Health.

why weight loss has become difficult despite efforts to diet and exercise. Find out the connection between stress and weight gain. Understand what cravings for sweets, salt, and bread mean, and what your body is trying to tell you. Learn the ONE thing you

must avoid in order to lose weight. This program is free and open to the public, pre-registration is not required, but is recommended. Please call the Information Desk at 508-473-2145 ext.219 for more information or to pre-register.

On Tuesday, January 15th at 7:00 PM, Dr. Jennah Dieter of the Khoury Centre for Health and Wellness will present the workshop **"Why Weight? Stubborn Weight Loss."**

Come and learn the two causes of belly fat, and

The library also offers a multitude of resources on health and wellness to help you have a healthy new year!

Home Delivery from the Library!

The Milford Town Library provides home delivery of books and other library materials to Milford residents, who due to illness or physical limitations are not able to visit the library themselves.

Home delivery can be

arranged temporary basis.

In order to receive home delivery you will need to complete a home delivery application. This helps us to determine what types of materials you would prefer to receive.

The Reference/Information



Department coordinates home delivery and interested parties may

arrange for the service by phone. Just call 508-473-2145 ext.219

Activities for Children in January

The Winter 2008 Storytime session will begin the week of January 7th and continue for 6 weeks. Story-time programs include:

Mother Goose on the Loose for children from birth to 2 years with an adult on Fridays at 10 AM.

Toddler Time for children ages 2 and 3 with an adult on Tuesdays at 10 AM.

Story Time for children aged 3 to 5 years old on Thursdays at 10 AM.

Bringing Books Alive for students in grades Kindergarten through Grade 3 on Tuesdays at 4 PM.

Registration for the Winter 2008 session of Storytimes will begin on December 27th and end on January 4th. Parents or caregivers may register: in person, by phone, by email, or online through the library website:
www.milfordtownlibrary.org

Due to the limited number of openings in each program, a lottery will be held on January 4th. At that time parents and caregivers will be notified if their child is registered in the requested program or is on the waiting list. The newly renovated Children's Program Room does accommodate almost twice as many children! So the waiting lists should be shorter...

On Saturday, January 19th at 10 AM all ages are welcome to attend a Drop In Family Storytime. No registration is required!

For more information, please contact the Youth Services Department at 508-473-2145 ext.216.



Online Computer Class Available!

Thanks to a grant from the Central Massachusetts Regional Library System, the Milford Town Library now offers an online computer class "**Introduction to the Web Browser: Using Internet Explorer 7.**"

In 5 short online video lessons, Bernadette Rivard, our in house computer trainer covers an over-



view of Internet Explorer 7, the toolbars and menu bars in detail, and a short overview of browsing the Internet.

Once you've completed the online course you can opt to explore further by clicking on "**Online Resources to compliment this tutorial.**"

To take the class, just go to the library website and click on "**New Online Computer Training Tutorials**" located right on the main page.

Brush up on your browsing skills, or just learn more about Internet Explorer.

For more information, contact Bernadette Rivard at 508-473-2145 ext.211 or email brivard@cwmar.org

January Book Group!

The Senior Book Group will discuss Robert Heinlein's science fiction classic "**Stranger in a Strange Land**" at its first meeting of 2008 on Tuesday, January 15th at 10 AM.

"**Stranger in a Strange Land**" tells the story of a young man

raised on Mars who returns to Earth. The novel won the Hugo Award for science fiction when it was first published in 1961.

The Senior Book Group meets the third Tuesday of each month at 10 AM at the Milford Senior Center at 60 North Bow Street.



All are welcome to attend. Please call Anne Berard at 508-473-2145 ext. 214 to reserve a copy of the book or to learn more about the Senior Book Group.

Museum Passes @ the Library

If you're looking for something to do with the family during the winter months, you might want to remember that the library offers discount museum passes to a variety of wonderful cultural institutions. These include:

Tower Hill Botanical Garden located in Boylston and open year round.

John F. Kennedy Library and Museum houses the presidential museum and library and is located in Boston.

Boston Children's Museum is a great way to entertain the kids!

Ecotarium a wonderful science museum for kids located in nearby Worcester.

Isabella Stewart Gardner Museum filled with three floors of art galleries surrounding a garden courtyard!

Museum of Fine Arts, Boston currently featuring exhibits on the arts in Japan, illumination in Islamic art, and German photography and much more.

Museum of Science, Boston is always a fun and educational way to spend a day!

New England Aquarium in

Boston is a wonderful exploration of the watery world.

Roger Williams Park Zoo in Providence and is open year round, rain or shine.

Discovery Museums in Acton offers a museum for toddlers, and a science museum for the older crowd.

Milford residents and Friends of the Milford Town Library may reserve museum passes in advance and all library users may check out available passes.

For more information check the library website at www.milfordtownlibrary.org or call Circulation at 508-473-2145x218

Gaming @ the Library

Video game systems and games are always a popular holiday gift. If you or someone you know received a new gaming system recently, you should know that the Milford Town Library offers video games for loan!

Library users can check out up to two video games on their library card at a time for a 7 day loan period.

The library offers video games for the

following gaming systems:

XBOX 360, XBOX, PlayStation 3, PlayStation 2, Nintendo GameCube, and the Nintendo WII.

All video games are located in the new Young Adult room located on the lower level of the library.



The Young Adult room also offers and XBOX 360 and PlayStation 2 gaming systems for in library use. The Guitar Hero game is highly popular. So if you don't have a gaming system at home, you can try one here!

For more information, contact Jacque Gorman, the Young Adult Librarian at 508-473-2145 ext. 223

ESL Classes Resume on January 7th.

Drop In English as a Second Language classes will resume on January 7th at the library in the new ESL Classroom.

The schedule of Drop In classes is as follows:

On Mondays from 7:00-8:00 pm—Beginners Class.

On Tuesdays from 7:00-8:00 pm—Beginners Class.

On Tuesdays, 8:00-8:45 pm—Intermediate Class.

On Wednesdays from 7:00-8:00pm—Intermediate Class.



No registration is required. For additional information on the library ESL program, contact Anne Berard, Literacy Coordinator at 508-473-2145 ext.214

Schedule of Events

- **Jan 1st**— Library Closed for New Years Day.
- **Jan 8th**— Introduction to Herbals with Eleanor Rockwood, 7-8:15, no registration required.
- **Jan 9th**—Friends of the MTL, Executive Board meeting, 7:30 PM.
- **Jan 15th**— Senior Book Group at the Milford Senior Center, 10 am, all welcome.
- **Jan 15th**— “Why Weight? Stubborn Weight Loss” with Dr. Jennah Deiter, 7-8 PM, no registration required.
- **Jan 17th**—Board of Library Trustees monthly business meeting, 7 PM.
- **Jan 19th**—Drop In Family Storytime, no registration required, all ages welcome, 10 AM.
- **Jan 21st**—Library Closed for Martin Luther King Jr. Day.
- **ESL Classes resume January 7th on Monday, Tuesday, and Wednesday night: at 7 PM.**

JANUARY 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Closed for holiday	2	3	4	5
6 Closed	7 ESL	8 Intro- duction to Herbals ESL	9 Friends Board Meeting ESL	10	11	12
13 Closed	14 ESL	15 Senior Book Group/ Why Weight ESL	16 ESL	17 Trustee Meeting	18	19 Family Storytime
20 Closed	21 Closed for holiday	22 ESL	23 ESL	24	25	26
27 Closed	28 ESL	29 ESL	30 ESL	30		

From the Director: New Year's Resolutions

January is a good month for making plans for the new year. And though 2007 has been a banner year here at the library, I'm looking forward to 2008. I'm hoping to focus on library services, programs, and resources in the coming year.

In 2008 and like to see some of these things happen:

To have the library reopen on Sundays. Now that we have this wonderful new space, we want many people to use it. Sunday is often the ONLY day some people can use the library and this is a service I hear users want back!

To increase the library staff. We now have a whole new Young Adult department open 67 hours a week and only one YA librarian who works 35 hours a week.



Library staff are stretched pretty thin to pick up the slack in coverage.

To increase library programming. We now have beautiful program room space and we're anxious to offer programming that appeals to all this year. Music, entertainment, culture, health and wellness programs, and gaming programs!

To revamp the library website. Each year we offer more and more through our virtual library online. It's time to make it a bit more organized and easy to use.

To focus on the library collections. To take some time this year to evaluate our collections and make sure we are meeting the needs of the community.

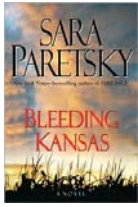
To continue to add new services, materials, and formats. Each year we add new services, and materials in a variety of formats to better meet our users needs.

Thank you for thinking of the Milford Town Library in 2007, and I look forward to seeing you in 2008.

Happy New Year!

Jennifer M. Perry, Library Director

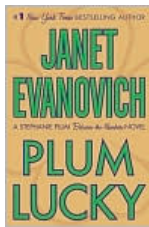
Curl Up with a Good Book in January!



1. **“Bleeding Kansas”** by Sara Paretsky. Taking a break from her usual detective fare, the author gives us a coming of age story.

2. **“The Deportees and Other Stories”** by Roddy Doyle. Contemporary stories of the immigrant experience in Ireland.

3. **“Plum Lucky”** by Janet Evanovich. A new Stephanie Plum novella.



4. **“The Senator’s Wife”** by Sue Miller. A powerful story of

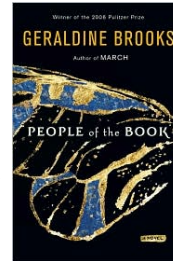
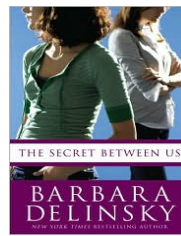


two unconventional women.

5. **“Duma Key”** by Stephen King. The gripping new novel from the bestselling author..

6. **“Sizzle and Burn”** by Jayne Ann Krentz. The newest Arcane Society novel.

7. **“The Secret Between Us”** by Barbara Delinsky. The author explores the limits of responsibility in her new novel.

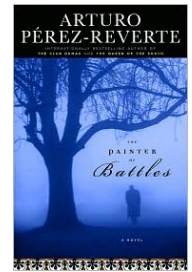


8. **“People of the Book”** by Geraldine Brooks. A new novel of sweeping historical grandeur.

9. **“Homecoming”** by Bernhard Schlink. A new novel by the au-

thor of **“The Reader.”**

10. **“The Painter of Battles”** by Arturo Perez-Reverte. A captivating tale of love, war, art, and revenge.



Are Librarians Totally Obsolete?

Some say that the Internet has replaced the need for books and libraries and librarians are obsolete.

Here are some reasons that this is not the case:

1. It’s not all on the Internet! - There is an amazing amount of information available online—but not all print resources are available.

2. The Internet isn’t free! - There’s lots of free stuff available online. But not everything on the Internet is freely accessible.

3. Libraries aren’t just books—Here at the Milford Town Library you can check out DVDs, Books on CD, MP3 players and more!

4. The Internet is messy and unorganized! - Despite improvements in search engine technology a ba-

sic search can return thousands and thousands of answers that an individual must then sort through. A trained librarian can find things more easily!

5. Not everyone has access to the Internet! - Though home computers are more common, not everyone has one yet, and there are still areas of Massachusetts where Internet service is slow.

New DVD Titles Available @ the Library

Here are some new DVD titles available this month at the library:

The Simpson Movie—The Simpson family’s first full length feature.



Live Free or Die Hard—Bruce Willis takes on technology.

The Bourne Ultimatum—Matt Damon returns in the third movie of the trilogy.

The War—Ken Burns explores

World War II.

Lost Season 3—Catch up before the



new season starts!

Transformers—the robots in their first live action feature film.

The Hoax— Richard Gere in a comedy about a literary scandal!

License to Wed—Robin Williams’ new comedy.

Friends Membership

Help fund some great library programs and materials!

Friends of the MTL

Make checks payable to the Friends of the
Milford Town Library

NAME

ADDRESS



Basic/\$10, Sponsor/\$50

Benefactor/\$100,

Mail to: FTML, 80 Spruce
Street, Milford, MA 01757

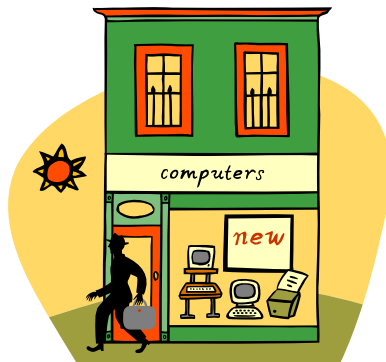
2007 The Year in Review

Looking back over 2007, it's been a very busy and productive year here at the Milford Town Library. Here are a few of the highlights:

Library Renovation Completed. If you haven't been to the library in the last few months, please come and see us.

We have a beautiful new space with more room to roam for the public! This was a very busy and tough year for library staff and patrons alike, with the library moving 3 times and closed for a full 7 weeks for moving! We all had to think outside the box to find new ways to offer services in limited space. Thank you to all for your patience!

Downloadable Videos Added to the Collection. We now offer



downloadable e-Books, and e-Audio through our website as well. You just check it out on your library card and it even returns itself! No late fees!

Online Computer Tutorials. This year we also began

adding online computer classes to our website. Check them out online or read more on page 2 of this newsletter.

Library Newsletter is now available via e-mail. So you never miss out on something great happening at the library, you can have our newsletter delivered straight to your email account!

BookLetters. In 2006, we started offering BookPage free to library

patrons to pick up here every month. In 2007, we added **BookLetters**, a customizable electronic version of book reviews and book suggestions. You can sign up for notifications of bestsellers, or young adult books and have these newsletters delivered directly to your email account.

Library Catalog Upgrade. Our online catalog was upgraded to a new look this summer. It includes drop down menus and spell checking.

Meeting Room Booking Software. You can now book a meeting room online—easier than ever!

Great Programs for All Ages! Despite our limited space this year, we offered some great programs for kids and adults!

Keep an eye on what we have to offer in 2008!