



## Weekly Library News, 2017

March 16, 2017

### The Moonlighters: An Evening of Celtic Music

Join us on Thursday, March 23 at 7pm, when the Friends of the Milford Town Library present The Moonlighters: An Evening of Celtic Music in the Granite and Quarry Rooms of the library.

The Moonlights is a vibrant traditional group which focuses on the music of the South West of Ireland. For their first album, ***On The Quiet***, the band returned to their roots with a unique approach which brings a new fire to the hearth of Irish music. Their music is both a tribute to tradition and a celebration of discovery.

The boys, founding member Eoin McQuinn (bodhran, guitar, vocals), a native of Castleisland, County Kerry and Limerick born musician Frank Woulfe (concertina), will play a selection of jigs and reels that can be heard throughout the length and breadth of Ireland, and a few select song (some in the Irish language) that best express the sentiment of The Moonlighters.

You will be sure to enjoy this evening of Celtic music, a treat brought to us by the Friends of the Milford Town Library free and open to the public.

### Dave Morin: Photography

During March, local photographer Dave Morin returns to the library to exhibit some of his personal favorite photos. Previously, Dave has exhibited extraordinary nature photographs. This time, he's included some striking portraits in the show along with standout nature shots taken at his favorite New England locations.

Included in works are **Storefront Mannequin**, taken on a tripod before sunrise in Boothbay Harbor, ME; **Rope**, a close-up of boat rope along the Kennebec River in ME; **Bat Mitzvah** a light filled ceremony and **Sisters**, a portrait of two sisters taken in Medway, MA.

Dave has taken Photographs since childhood, but recently as become a serious photographer with the improvements in digital SLR cameras. He is mainly self-taught, and has participated in many seminars from camera club members and other professionals.

Dave and his wife Elizabeth have lived in Milford for over 35 years. He is a camera club member of both Assabet Valley Camera Club ([www.assabetvalleycc.com](http://www.assabetvalleycc.com)) and Stony Brook Camera Club ([www.stonybrook.cc.com](http://www.stonybrook.cc.com)). His work can be viewed at [davemorinphoto.com](http://davemorinphoto.com) and [davemorinphoto.smugmug.com](http://davemorinphoto.smugmug.com). Feel free to contact him at [dave\\_morin@hotmail.com](mailto:dave_morin@hotmail.com) or on Facebook at Dave Morin Photo.

### Muriel Kearsley: Salt & Pepper Shakers

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If Old MacDonald had a salt and pepper collection, it might rival the one shared throughout the month of March by local resident Muriel Kearsley. Come see the entire barnyard gang gathering in the adult display case: pigs, chickens, cows, geese, sheep, horses, donkeys, dogs, and mighty roosters.

The shakers are made of a variety of materials, glass, porcelain, wood and all have personality and charm from the pigs joined at the snouts by magnets, to the cows cruising in their pink Cadillac.

## Center Book Group

The Center Book Group will meet on Tuesday, March 21<sup>st</sup> at 10am at the Milford Senior Center to discuss Noah Hawley's new novel ***Before the Fall***.

Hawley is a prolific author of four other novels, ***A Conspiracy of Tall Men*** (1998), ***Other People's Weddings*** (2004), ***The Punch*** (2008), ***The Good Father*** (2012) and most recently, a television writer for the shows *Fargo* and *Legion*. He also wrote the screenplay for the film ***Alibi*** (2006).

Hawley brings his dark and suspenseful skills to ***Before the Fall*** which begins with a private plane crash where the only survivors are a young boy and a struggling middle aged artist. Who were the other wealthy and influential people on board? Was the crash an accident? What happened during the last 18 minutes, before the fall into the Atlantic Ocean?

Besides peeling back the layers of the individual stories and keeping his readers wondering and turning the pages of this thriller, Hawley explores the nature of fate, heroism, notoriety, privacy and much more.

Newcomers are always welcome to come to these informal, but informative discussions. For more information about the Center Book Group or to reserve a copy of ***Before the Fall***, call the Information Desk at 508-473-2145, ext. 2.

## Contemporary Book Group

The Contemporary Book group will meet on Wednesday, March 22<sup>nd</sup> at 7pm in the Children's Program Room to discuss ***The Life We Bury*** by Allen Eskens.

***The Life We Bury*** tells the story of Joe Talbert, a junior at University given the writing assignment of interviewing a stranger and writing a brief biography. Joe heads to a nearby nursing home to find a willing subject. There he meets Carl Iverson, and soon nothing in Joe's life is ever the same.

Carl is a dying Vietnam veteran – and a convicted murderer. With only a few months to live, he has been medically paroled to a nursing home after spending thirty years in prison for the murder of a fourteen-year-old girl. Carl agrees to tell Joe his story, and Joe sets out to unravel the tapestry of the thirty-year-old murder.

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Joe writes about Carl's life, especially his valor in Vietnam, and cannot reconcile the heroism of the soldier with the despicable acts of the convict. He sets out to uncover the truth, but is hamstrung in his efforts by having to deal with his dangerously dysfunctional mother, the guilt of leaving his autistic brother, and a haunting childhood memory.

***The Life We Bury*** is full of tension, twists and turns, and has a powerful, climatic ending sure to gratify. To reserve a copy of ***The Life We Bury***, or for more information about the Contemporary Book Group, please call Shelley at 508-473-2145, ext. 2 or email, [ssgamat@cwmar.org](mailto:ssgamat@cwmar.org).

## **Pain Relievers & Hearing Loss**

A Harvard study published in the *American Journal of Epidemiology* suggests that frequent use of ibuprofen (Advil, Motrin) or acetaminophen (Tylenol) may be an important contributor to hearing loss.

In the study, women who took the pain relievers at least twice a week were more likely to experience hearing loss, and more frequent usage increased the risk by up to 24%. The findings are similar to a study of men and hearing loss, although aspirin was also found to contribute to risk in that study.

It's believed that the medications may be damaging the cochlea, the snail-shaped hearing mechanism in your inner ear. "Ibuprofen can reduce blood flow to the cochlea, which could result in cellular damage and cell death. Acetaminophen may deplete the antioxidant glutathione, which protects the cochlea from damage," says study author Dr. Sharon Curhan, instructor in medicine at Harvard Medical School.

The pain relievers definitely bring relief to many and the immediate benefit may outweigh concern over hearing loss, at least in the short time. However, frequent use should be monitored and a discussion with your doctor about other options may be in order to.

## **45-Million-Dollar Flower Pastel Workshop with Greg Maichack**

Hurry and register for Greg Maichack's Pastel Workshop on Thursday, April 20, and create a replica of Georgia O'Keefe's elegant painting of "Jimson Weed/White Flower", often called the 45-million-dollar flower. This is because her beautiful painting was sold for \$44,405 at Sotheby's American Art sale in 2014, the most for any work of American floral art.

You can create your own masterpiece under the instruction of Greg Maichack, who has been hold Pastel Workshops here for years. The workshops and all materials are free, funded by the Milford Council on Art a part of the Massachusetts Council on Art. However, registration is limited, so come in or call the Information Desk at 508-473-2145 X 214 or X 219 to register.

The Workshop will be held on Thursday, April 20, from 6 to 8pm

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## Friends of the Library Spring Book Sale

The Friends of the Milford Town Library are already thinking ahead to their Spring Book Sale which will be held April 28 (preview for Friends members only) and 29 for the general public. This is one of two Book Sales held by the Friends each year and is a major fund raiser for the Library's museum passes and programming. Donations of books, DVDS, games and CDs are always welcome.

The Friends are particularly looking for volunteers to help with the Book Sale: Set-up on Thursday, April 27, and working during the sale on April 28 and 29; Take-down after the sale on April 29. Helping with the sale is work, but it is also fun and enjoys a lot of camaraderie. If you can spare an hour or two, call Lynda Heller, Sale Coordinator, at 508-473-4178.

This year there are some special items available at the Spring Book Sale. The Library has discarded no longer needed copies of *Mitchells* and *Chiltons Auto Manuals*. These large auto repair manuals may be just the thing an older car hobbyist would be thrilled to have on hand. Check out the sale and see if one or more of these manuals would be helpful.

## Drop-In Knitting and Crocheting

The Drop-In Knitting and Crocheting Classes continue on Monday evenings at 6pm in the Children's Program Room. Informal instruction is provided as needed by a variety of well-seasoned knitters and crocheters.

Should you be a novice knitter or one who just prefers to knit in the company of others and pick up a tip or two, this may be the group for you. Drop in and check it out. Winter is the perfect time for knitting another hat, scarf or pair of mittens.

## Puzzle Anyone or Color?

Puzzling has really taken off here. We have been through several 500 piece puzzles on our Puzzle Table, but the 1000 piece Van Gogh has been a bit more of a challenge. Come in and try your hand if you feel so inclined.

The sign, "**Puzzle if You Wish!**" announces that this is the puzzle table. Puzzles are left in an incomplete condition so anyone can add a piece or two or ten, if they wish.

There is now another table "**Color Your World**" with photocopied sheets from coloring books and colored pencils and crayons nearby to use by those interested in this relaxing pastime. Patrons are welcome to take home the sheets they color, but we appreciate them leaving the crayons and pencils for others to use.

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## ESL Classes

Free drop-in English classes for adults are held on Monday, Tuesday and Wednesday evenings. Watch for copies of the March calendar for a full schedule of classes at the Circulation or Reference Desks.

## Citizenship Classes

Citizenship Classes meet on Thursdays from 6 - 8pm in the ESL Classroom on the lower level. Registration will be ongoing. Call Maddy Hennessy: 508-860-2261 for more information.

## Health Outreach

Patrons needing help with Mass Health information or forms may be assisted on the second and fourth Mondays of each month from 2 to 6pm in the ESL Room on the Lower Level. Assistance is also available at the Edward M. Kennedy Community Health Center (near CVS and Papa Gino's, on Route 140) every Monday morning. While drop-ins may be accommodated if time allows, *an appointment is strongly recommended*--please call 800-853-2288 to set one up.

## Mark Your Calendars—Upcoming Friends Programs

**Dead in Good Company: A Celebration of Mount Auburn Cemetery:** Wednesday, April 12<sup>th</sup>, 7pm  
**Wingmasters – North American Birds of Prey:** Tuesday, April 18<sup>th</sup>, 7pm

## Ongoing Programs

- **Food Pantry** donations from the library have been greatly appreciated. Donations are delivered weekly by a staff member.
- **Museum Passes** are available to many area museums, zoos and attractions thanks to the **Friends of the Library**.
- **Membership to the Friends of the MTL** continues to be only \$10 a year.
- **Book Sale Table** has items for all ages replenished weekly.

Visit us: [www.milfordtownlibrary.org](http://www.milfordtownlibrary.org)

*Library News* is compiled weekly by Reference Librarian Mary Frances Best