



Weekly Library News, 2017

November 9, 2017

Preston Heller—Seeing the Unseen

On Tuesday November 14 at 7pm, the Friends of the Milford Town Library will present mentalist Preston Heller for an evening of exciting memory feats and clairvoyance.

Preston Heller will not only tell you what a mentalist does, he will show you. And in doing so, every audience member will have a unique, personal experience with the “unseen,” including thought implantation or ‘influence,’ revealing of information known only to the spectator, predictions, reading of body language and voice patterns, psychometry and much more.

This program is 100% family friendly, but due to the nature of the subject matter, it is recommended for ages 12 and up.

As part of his “Fighting Hunger Tour,” Heller encourages attendees to bring canned or dry goods for their local food pantry, however this is not a requirement for admission to the event.

Don Iacovelli: American Folk Paintings

Milford artist, Don Iacovelli, will have his folk art paintings on display near the Information Desk during the months of November and December. All of these charming works of art Don has chosen to share with us this time have a winter theme and are perfect for snowy months.

Don is a retired public school music teacher who treasures the arts in all its forms. He is also a composer and performer. When he retired from teaching, he turned his creative energy to painting.

Don paints in the style of folk art and was influenced by the works of Grandma Moses and her great-grandson Will Moses, who has become his mentor. The folk art style brings to mind a kinder, gentler time of community, family activities and love. His paintings try to incorporate children and adults at play, cozy homes and neighborhoods.

Don spends most of his time painting and creating new scenes that depict activity of past times. A child mischievously tossing a snowball, people skating and sliding, just having fun. Summer picnics, kids fishing, barn dances, and many other wonderful joyful times. Clustered homes with windows aglow with warmth, and a sense that in their world everything is all right.

His paintings hang in many homes; some have been customized with a particular home in the scene. A few of Don’s paintings hang here in the Milford Town Library, at Sutton Town Hall, Countryside Nursing Home and Rehab Center, Draper Place and more.

To contact Don, call: 508-473-1282, or email: diacovelli@verizon.net

Center Book Group

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The Center Book Group will meet on Tuesday, November 21st at 10am at the Milford Senior Center to discuss ***All My Puny Sorrows*** by Miriam Toews.

Toews is an award winning Canadian author whose previous novels include ***The Summer of My Amazing Luck, A Boy of Good Breeding, A Complicated Kindness, and The Flying Troutmans***, A memoir, ***Swing Low: A Life*** was written in the voice of her late father, Melvin, an elementary school teacher and Mennonite civic leader in their native Manitoba.

While ***All My Puny Sorrows*** is written as a novel, its core comes directly from Toews' own life by exploring the relationship between two sisters. The author's older sister Marjorie also committed suicide after a lengthy struggle with depression.

Critics have noted that despite the dark subject matter, ***All My Puny Sorrows*** is ultimately a life-affirming, even joyful book because of Toews skills and singular voice.

Newcomers are always welcome to come to these informal, but informative discussions. For more information about the Center Book Group or to reserve a copy of ***All My Puny Sorrows*** call the Information Desk at 508-473-2145, ext. 2

Contemporary Book Group

The Contemporary Book group will meet on Wednesday, November 29, at 7pm in the Children's Program Room to discuss ***Midnight at the Bright Ideas Bookstore*** by Matthew Sullivan.

When a bookstore patron commits suicide, it's left to his favorite store clerk to unravel the puzzle he's left behind in this fiendishly clever debut novel from an award-winning short story writer.

Lydia, a 30-year-old bookshop worker, finds one of her customers dead, hanging in the shop where she works, with a photo of her in his pocket. He has left her all his worldly belongings (which isn't much), and a series of complex clues for her to uncover the mystery of what has happened to him.

As Lydia untangles the puzzle of the suicide, she unearths a long buried memory from her own violent childhood. She must revisit a trauma from her past, a brutal murder she witnessed as a young girl, in which the killer was never caught.

To reserve a copy of ***Midnight at the Bright Ideas Bookstore***, or for more information about the Contemporary Book Group, please call Shelley at 508-473-2145, ext. 2 or email, ssgammat@cwmares.org.

A Glimpse Back at Milford Football

November is a big month for football fans. As a nod to upcoming contests including the annual Thanksgiving games, we offer a glimpse into some of Milford High School's football teams over the decades with selected yearbooks in the adult display case at the library.

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1932's team, led by Coach Steeves are decked out in long sleeved striped jerseys and matching striped socks. Coach Brucato's 1947 roster are wearing solid colors and finished their season with 5 wins, 4 losses and 1 tie.

1962 was a tough season with single win over Bartlett. Fast forward 44 years, and the 2006 team dominated with an 11-1 record, a Super Bowl Championship and sent 7 players to the regional All-Star game.

These glimpses will be shown all month and we encourage you to visit the yearbook section of the Paul E. Curran Historical Collection to re-visit past seasons.

More Looking Back

Along with the Milford Historical Commission, we're asking for your help in identifying people in a photo of the 1946 Sacred Heart Choir. About half about the 20 men and women in the photo have been identified including Theresa, Chris and Angie DeCesare, Gina Mazzini, Bobby Cosentino, Alba Tassone, and Ada DiGiannantonio.

Perhaps you yourself belonged to the choir—or an aunt, uncle or grandparent did. We have a copy of the photo at the Reference Desk at the library and will be posting to our Facebook page as well. If you can help put names to these faces, we'd love to hear from you.

Winter Reimagined

Tower Hill Botanic Garden is one of the venues for which the Friends of the Milford Town Library funds passes for library patrons. Many enjoy spending relaxed days exploring gardens, trails, conservatories, and in the winter, decorated indoor trees and displays with nature-inspired ornaments. You may also visit the Garden Shop for an extraordinary selection of gifts, books, tools and garden supplies at any time or now for the holidays. Daytime hours are Wednesdays – Sundays: 11am to 3pm, from Nov. 24 to Jan 7.

The very special time comes after dark when **Winter Reimagined** is in effect. As evening falls, miles of glittering outdoor lights transform the gardens into a winter wonderland. Guests are also invited to have a delicious fireside meal at the Twigs Café and browse an exquisite collection of gifts in the Garden Shop.

Library passes are not sufficient for admission to the evening **Winter Reimagined**. Tickets must be pre-purchased for specific times online at towerhillbg/winter-reimagined-2017. The evening hours are from November 24 through January 7, 2018, Tuesday – Thursday 4-9pm and Friday – Sunday 4-10pm. Time slots will fill up fast, so if you are interested, act quickly to avoid disappointment. Those who visited last year said it was a glorious experience.

Growling Stomach?

Next time your stomach is growling, don't assume it's because you're hungry. According to the Cleveland Clinic for Wellness, thirst can also cause the noises and gurgles in your gut.

Drink a glass of water and hydrate the body. You may not "feel" thirsty until you're already dehydrated. Besides the growling, you may experience dry eyes, sluggishness, headache and constipation when you need fluids.

True hunger may also come with growling though surer signs are weakness, mood changes or irritability, and an empty feeling. You should aim to eat every 3 to 4 hours and drink at more frequent intervals throughout the day. 8 glasses of water per day is a good goal for most people, though the Mayo Clinic says the ideal amount can vary from person to person. Athletes, pregnant and nursing women need more as do those during heat/humidity waves.

Thanksgiving Ideas

It's hard to believe, but Thanksgiving Day will be upon us before we know it. The big family dinner looms – what to do? The traditional dishes or try something new and different? Should you be in a quandary, the round table near the Circulation Desk has a slew of titles to tempt you. Some for the vegan in the group, or the paleo eater, some with old-fashioned desserts (just like mom and grandma used to make). You'll find cookbooks for every palate and books with Thanksgiving traditions as well. Take a look.

ESL Tutor Training Workshop

The Milford Town Library in partnership with the First Congregational Church of Milford will be holding an ESL Tutor Training Workshop on two Thursdays: November 30 and December 7, both from 6:30 to 9pm. Attendance at both sessions is required.

The trainings will be held at the First Congregational Church, 4 Congress Street, Milford. The Church has an ongoing program to help local immigrants learn English as a Second Language (ESL).

Those wishing to participate in the tutor training are those eager to:

- Help other adults learn to speak and understand English better
- Learn about other cultures
- Make a meaningful connection to your community in just an hour a week

To register for this free workshop, contact Darlene Crawford at darlene.crawford@comcast.net, 508-478-5259 or Anne Berard at aberard@cwmar.org or at the Library's Information Desk at 508- 473-2145, ext. 219.

Volunteers Needed

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The Milford Town Library is seeking a few adult volunteers to help deliver books on an on-call basis to patrons who cannot come to the library themselves. The ideal volunteer is compassionate, reliable, and flexible. Please call Anne at [508-473-2145, ext 219](tel:508-473-2145) or email aberard@cwmars.org.

Metrowest College Planning Center

Open office hours for the Metrowest College Planning Center return on Wednesdays from 4 to 7pm in the ESL Classroom at the Milford Town Library.

An advisor is available for consultations and questions about any part of the college process from applications, financial aid, transferring and more. An appointment is not required.

The Metrowest College Planning Center is a project of Framingham State University and Mass Bay Community College.

Drop-In Knitting and Crocheting

The Drop-In Knitting and Crocheting Classes continue on Monday evenings at 6pm in the Children's Program Room. Informal instruction is provided as needed by a variety of well-seasoned knitters and crocheters.

Should you be a novice knitter or one who just prefers to knit in the company of others and pick up a tip or two, this may be the group for you. Drop in and check it out. Start preparing now for the scarves and mittens or hats you'll be needing come winter.

ESL Classes

Regular Drop-In ESL classes are meeting once again. You may stop by either the Circulation or Reference Desks for a copy of each month's schedule, or a printable copy can be found on the library's website: www.milfordtownlibrary.org/english-as-a-second-language/. For more information, call the Reference Desk at 508-473-2145, ext. 2.

Citizenship Classes have resumed on Thursdays from 6 to 8pm in the ESL Room sponsored by Catholic Charities. Materials, including books, etc., cost \$30.00. No prior registration required

Health Outreach

Patrons needing help with Mass Health information or forms may be assisted on the 2nd and 4th Mondays of each month from 2 to 6pm in the ESL Room on the Lower Level. Assistance is also available at the Edward M. Kennedy Community Health Center (near CVS and Papa Gino's, on

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Route 140) every Monday morning. While drop-ins may be accommodated if time allows, *an appointment is strongly recommended*--please call 800-853-2288 to set one up.

Ongoing Programs

- **Food Pantry** donations from the library have been greatly appreciated. Donations are delivered weekly by a staff member.
- **Museum Passes** are available to many area museums, zoos and attractions thanks to the **Friends of the Library**.
- **Membership to the Friends of the MTL** continues to be only \$10 a year.
- **Book Sale Table** has items for all ages replenished weekly.

Visit us: www.milfordtownlibrary.org

Library News is compiled weekly by Reference Librarian Mary Frances Best