



Weekly Library News, 2017

January 3, 2018

Library Hours

The Milford Town Library will be closed on Monday, January 15, 2018, in observation of Martin Luther King, Jr.'s birthday. The library will reopen on Tuesday, January 16, at 9am.

Center Book Group

The Center Book Group will meet on Tuesday, January 16th at 10am at the Milford Senior Center to discuss *The Floating World* by C. Morgan Babst.

First time novelist, Babst brings her experience as a New Orleans native to this fictionalized account of the Boisdoré family struggling in the aftermath of Hurricane Katrina.

Joe and Tess Boisdoré are a mixed race couple at the heart of the family, he a black Creole artist, she a white 'Uptown' psychiatrist. Their daughters Cora and Adelaide and Joe's aging, memory-challenged father Vincent are the primary focus of the author's attention along with the city itself. As New Orleans gets ravaged by the storm, with objects and water and filth everywhere, the family's long built-up tensions and issues come to the surface too.

Babst's writing has a poetic bent and she's caught the attention of both readers and critics. Newcomers are always welcome to come to these informal, but informative discussions. For more information about the Center Book Group or to reserve a copy of *The Floating World*, call the Information Desk at 508-473-2145, ext. 2

Tim Snow: Graphics

The Adult Display Case features a selection of the caricature art of graphic artist Tim Snow, who will be exhibiting his caricatures, paintings and some three-dimensional pieces of art at the library during the month of January. Notebooks with collections of caricatures can be found behind the Information Desk and Tim's paintings are on display nearby. Look around for the life-sized three-dimensional figures.

Tim Snow has been entertaining folks in southern New England for over 30 years. He is justifiably famous for his caricatures which seem to capture the essence of whomever he is sketching. Tim is a graduate of the Swain School of Design (now part of UMass), and specializes in teaching his style to students of all ages.

You'll love his stuff! Come in and check it out and check out his website: snowstormgraphics.com.

January 6, 2018

Contemporary Book Group

The Contemporary Book group will meet on Wednesday, January 24, at 7pm in the Children's Program Room to discuss ***Ginny Moon*** by Benjamin Ludwig.

Benjamin Ludwig's debut novel is both a unique coming-of-age tale and a powerful affirmation of the fragility and strength of families. Here is Ginny, 14-years old, who has autism. She is settling into her life with a new "forever family," and trying to reconnect with Gloria, the abusive, drug-addicted mother from whom she was taken away at the age of nine.

Rediscovering Gloria unsettles the tentative bond Ginny has forged with her adoptive parents, now expecting their own biological child. Ludwig brilliantly depicts the literal-minded and inventive Ginny – whose horrifying past and valiant hope for the future are slowly unveiled.

By turns heartwarming and heartbreaking, Ginny's search for a safe home leads her to discover her own strong voice.

To reserve a copy of ***Ginny Moon***, or for more information about the Contemporary Book Group, please call Shelley at 508-473-2145, ext. 2 or email, ssgammat@cwmar.org.

OMG Science! Don't Let's Even.

Welcome, again, to 2018! Let's say some things! Some of our favorite books are science-based. Some of them are science fiction-based. Some are both. Some are neither. We like diversity.

Our favorite evidence-based title is the bible cryptozoologists have waited decades for, ***Abominable Science!*** by Daniel Loxton and Donald Prothero. In our current vulnerable climate, Loxton and Prothero give lucid treatment to a subject that's normally treated as either bunk or with the laziest of journalism. They caution against the dangers of accepting bad science and illogical thinking—and although this title was published in 2013, not 2017, it feels particularly urgent.

From cryptozoological fact to cryptozoological No Way: ***Into the Drowning Deep*** by Mira Grant is brand-new and unputdownable. The *Imagine* network financed one disastrous voyage to the Mariana trench already: no survivors, and widely mocked footage of a vessel under attack by killer mermaids. Now, years later, the network's sending a new expedition. Scientists with competing agendas sail on the shiny new *Melusine*, where no one takes into account the mermaids might have their own agenda. (It's okay. Big ship. Spared no expense. Everyone's safe. Right?)

Grant, under her real name Seanan McGuire, also pens the "Wayward Children" series, which we love wholeheartedly, but if you'd like something a bit more topical, try her ***Discount Armageddon***, number one in the "InCryptid" series. Yes, she has a whole cryptozoology series you can devour. But trust us: go for the mermaids first, in one of the best, most engrossing titles you'll read all year.

Coffee and Tea – Good for You!

January 6, 2018

According to the *Mayo Clinic Health Letter*, both coffee and tea can be part of a healthy diet with some real health benefits. It would appear from studies that coffee may help drinkers live longer, an association that held across several countries and ethnicities. Some researchers found that higher consumption of coffee was associated with a lower risk of death related to liver or cardiovascular diseases. Coffee drinkers tended to show better liver function and less inflammation.

But tea drinking has health benefits as well. According to recent studies, tea drinking may reduce the risk of developing memory (cognitive) disorders. It doesn't seem to matter whether black, green or oolong tea is drunk; all seem to be equally effective.

So enjoy those wonderfully warming hot beverages in the knowledge that not only do they make you feel good, they can actually be good for you.

Modern Horror Master

Since his first novel ***Carrie*** debuted in 1974, Stephen King's output and popularity have been nothing short of spectacular. With more books, screenplays, and television adaptations than the 70 chronological years to his name, King's a force in both publishing and the entertainment business. Between 2017 and 2018 alone, eight screen adaptations of his work have been released or are in production.

Here at the Milford Town Library, we are big fans. We've set up a display on the round table across from the Circulation Desk with a selection of King's novels, movies, and even books such as the ***Stephen King Companion*** and the ***Essential Stephen King*** for those who want to take a deep dive into the deep, dark, King well.

Look for ***It***, ***The Shawsank Redemption***, ***Cujo***, ***Carrie***, ***The Stand***, ***Lisey's Story***, ***Mr. Mercedes***, and ***The Dark Tower*** among many others on display.

Tell us what your favorite King book or movie is by sending us an email, milfref@cwmars.org or posting to the MTL Facebook page.

Metrowest College Planning Center

Open office hours for the Metrowest College Planning Center will return on Wednesday, January 10 from 4 to 7pm in the ESL Classroom at the Milford Town Library.

An advisor is available for consultations and questions about any part of the college process from applications, financial aid, transferring and more. An appointment is not required.

The Metrowest College Planning Center is a project of Framingham State University and Mass Bay Community College.

Drop-In Knitting and Crocheting

January 6, 2018

The Drop-In Knitting and Crocheting Classes continue on Monday evenings at 6pm in the Children's Program Room. Informal instruction is provided as needed by a variety of well-seasoned knitters and crocheters.

Should you be a novice knitter or one who just prefers to knit in the company of others and pick up a tip or two, this may be the group for you. Drop in and check it out. Start preparing now for the scarves and mittens or hats you'll be needing come winter.

ESL Classes

Regular Drop-In ESL classes are on break until January 8, 2018. You may stop by either the Circulation or Reference Desks for a copy of January's schedule, or a printable copy can be found on the library's website: www.milfordtownlibrary.org/english-as-a-second-language/. For more information, call the Reference Desk at 508-473-2145, ext. 2.

Citizenship Classes sponsored by Catholic Charities which meet from 6 to 8pm in the ESL Classroom are also on winter break.

The next Citizenship session begins on Thursday, January 18th, 2018. Materials, including books, etc., cost \$30.00. No prior registration required

Health Outreach Hiatus

The Mass Health Outreach office hours held on the 2nd and 4th Monday afternoons at the library are on a holiday hiatus now through the end of January. This service, provided by the Edward M. Kennedy Community Health Center, has been held in the library's ESL classroom for a few years. For more information or to book an appointment at the Center (located near CVS and Papa Gino's on Route 140), please call 800-853-2288.

Ongoing Programs

- **Food Pantry** donations from the library have been greatly appreciated. Donations are delivered weekly by a staff member.
- **Museum Passes** are available to many area museums, zoos and attractions thanks to the **Friends of the Library**.
- **Membership to the Friends of the MTL** continues to be only \$10 a year.
- **Book Sale Table** has items for all ages replenished weekly.

Visit us: www.milfordtownlibrary.org

January 6, 2018

Library News is compiled weekly by Reference Librarian Mary Frances Best